



# WRITE YOUR YES STORY

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## Why this matters

Confidence grows when you think and act like the person you are becoming.  
This tool helps you step into that identity now.

## Complete these prompts

Choose one area of your life where you'd like to grow.

<b>The person I am becoming is someone who...</b>	
<b>They no longer say...</b>	
<b>They regularly do...</b>	
<b>One action I can take this week as them is...</b>	

Act as the person you are becoming this week.

CREATING

CONFIDENCE

CONNECTION

JOY

